

# Hispanic Health

## Key Findings

*In 2005, 12% of Hispanic adults were without healthcare coverage. Over one-quarter (28%) of adults had at least one alcoholic drink in the past month. Under one-quarter (22%) of adults were current smokers. 5% used marijuana and 7% used recreational drugs during the past 6 months. Under half (42%) of adults were obese and 34% were overweight.*

## General Health and Health Care

- ◆ In 2005, 12% of Hispanic adults were without healthcare coverage.
- ◆ 30% of adults rated their health as fair or poor.
- ◆ 56% of Hispanic adults had been to the doctor for a routine checkup.
- ◆ 48% of adults had been to the dentist in the past year.
- ◆ 40% of Hispanic adults were diagnosed with high blood pressure and 28% with high blood cholesterol.
- ◆ Just under half (48%) of women had a Pap smear within the past year and 55% had a clinical breast exam in the past year.
- ◆ 20% of males had a PSA test and 20% had a digital rectal exam in the past year
- ◆ 14% of Hispanic adults had been diagnosed with diabetes.

## Risk Behaviors

- ◆ In 2005, over one-quarter (28%) of Hispanic adults had at least one alcoholic drink in the past month.
- ◆ Under one-quarter (22%) of Hispanic adults were considered current smokers.
- ◆ In 2005, 5% of adults used marijuana in the past 6 months.
- ◆ 7% of Hispanic adults used recreational drugs in the past 6 months.
- ◆ 5% of Hispanic adults had more than one sexual partner.
- ◆ Under half (42%) of Hispanic adults were obese for their body mass index (BMI) and 34% were considered overweight.
- ◆ 58% of Hispanic adults exercised three or more days in the past week for at least 30 minutes.
- ◆ 6% of adults kept a firearm in or around their home.

### ***Ohio Hispanic Males Leading Causes of Death 2000-2002***

***Total Deaths: 1059***

- #1 Heart Disease (29% of all deaths)***
- #2 Cancers (29%)***
- #3 Accidents-Unintentional Injuries (18%)***
- #4 Stroke (7%)***
- #5 Diabetes Mellitus (6%)***

*(Source: ODH Information Warehouse, updated 9-29-04)*

### ***Ohio Hispanic Females Leading Causes of Death 2000-2002***

***Total Deaths: 718***

- #1 Heart Disease (36% of all deaths)***
- #2 Cancers (27%)***
- #3 Diabetes Mellitus (9%)***
- #4 Stroke (9%)***
- #5 Accidents-Unintentional Injuries (6%)***

*(Source: ODH Information Warehouse, updated 9-29-04)*

## Hispanics and Diabetes

- ❖ Diabetes is the 6<sup>th</sup> leading cause of death among Hispanics, and the 4<sup>th</sup> leading cause of death among Hispanic women and Hispanic elderly.
- ❖ Diabetes has an earlier onset in Hispanics than in any other population.
- ❖ On average, Hispanics are almost twice as likely to have diabetes as non-Hispanic whites.

*(Source: Hispanic/Latino and Diabetes Fact Sheet, National Diabetes Education Program)*