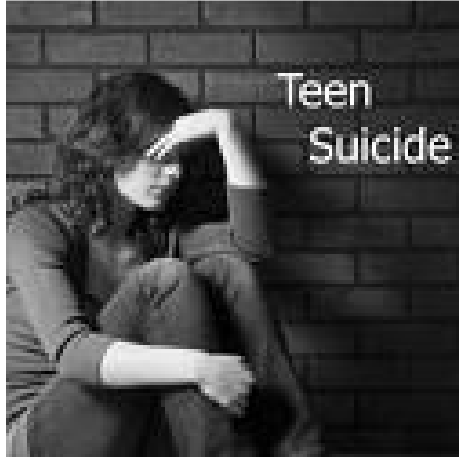


Navigating the Teenage Years



Monday, January
11, 2010
7-8PM

Bellevue City Schools Regular
Learning Center at Bellevue

**You are invited to
attend a
FREE program
sponsored by
Bellevue City
Schools, Fremont
City Schools &
Sandusky County
Health Department**

**Any questions CALL
419-334-6387 or email
swurzel@sanduskycohd.org**

Topics to be discuss:

- Suicide
- Depression
- Cutting

Featured speaker is Jeff Vogel, MA, LPCC. Currently he is the Director of The Center for Mental Health and Well-Being with Memorial Health Care System. He has spent the last 17 years in a variety of capacities working with children, adolescents, adults, and families in the counseling field.

